



## 2021 - 2022 Langley Teachers' Association Executive Committee



2022 06 29 #21

# LTA News . . .

### We are looking for any LTA Members who are turning 71 in 2022

Many teachers continue to teach without interruption into their 70s. Given the rising cost of living, improvements in health care and life expectancy, and a career that can be very fulfilling, it is not surprising to see more and more members working into their 70s.

The BCTF Income Security Division, have encountered situations where members were working without interruption into their 70s and had not yet started collecting their pension from the Teachers' Pension Plan.

If you are turning 71 in 2022, please apply to the Teachers' Pension Plan by November 1, 2022, for a pension effective date of December 1, 2022.

This is because, under the Income Tax Act, an employee aged 71 must start receiving their pension no later than December 1 of the same year they turn 71; however, they may continue working without interruption. On December 1, their employer will stop deducting contributions to the Plan from the member's pay; however, the employer may or may not inform the member of the requirement for them to start collecting their pension.



If you are aged 72 or older, and not collecting your pension from the Teachers' Pension Plan, you should contact the Teachers' Pension Plan and apply immediately for your pension. Their pension will be paid retroactively to December 1 in the year when they turned 71.



- Avoid anyone who says "It must be so nice to have summers off!"
- Sleep in or nap in the afternoon and don't feel guilty about it

- Enjoy your coffee or tea while it's still hot
- Get an adult colouring book
- Take more than 15 minutes for lunch
- Read a book written for adults (pleasure, not professional reading)
- Visit an aquarium or watch fish swimming
- Binge watch Netflix, Hulu, Amazon,
- Visit the bathroom any time you want
- Get a massage AND a pedicure (your feet deserve some love)
- Meet a friend for lunch - a long lunch, on a patio with a view
- Schedule your workouts at a time that's best for you
- Lose track of time - What day is it? Who cares?
- Go grocery shopping when everyone else is working
- Create or restore something, seeing immediate results is rewarding
- Resist the urge to correct someone's behaviour - not my circus, not my monkeys!
- Do nothing, absolutely nothing, for as long as you can - relaxation takes training!



SCHOOL DISTRICT FOUNDATION

15TH ANNUAL

# GOLF TOURNAMENT



Representing the LTA, the winning team is . . . .  
**Angela Boyce, Linda Gonclaves, Christine Ling & Jamie Shimmin**  
Congratulations!

# AUG 31 2022



## See you in September!



NEW SUMMER RATE

**3.05%\*** (APR: 3.073%)

Must close by July 13, 2022

Contact us to find out more!

**604-739-0320**

WWW.EMCMORTGAGES.CA



## BCTF Health & Wellness

The program continues during the summer months and our consultants are available to support. Please reach out if you have questions. LTA Members can also self refer using the following link:

<https://www.bctf.ca/services-guidance/wellness> or find it by navigating to: [bctf.ca](https://www.bctf.ca) > Services & Guidance > Wellness > Health & Wellness Program

## Bard in the Valley

**30 tickets for July 8th**  
**available to 4PM, June 30th**  
**at the LTA Office.**  
**\$10.00 each**

## LTA Calendar

- July 8 LTA office closes for summer break
- Aug 29 LTA office re-opens for the 2022-2023 School Year
- Aug 30 Executive Planning Session, Langley Golf & Banquet, 9AM
- Aug 31 SD#35 Summer Bootcamp, Langley Secondary School, 8:30AM

### Contact Us

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