



2021 - 2022 Langley Teachers' Association Executive Committee



2022 03 11#10

LTA News . . .

BCTF Annual General meeting will be held over the spring break - March 19 through March 22, 2022.

The following LTA members have willingly given up a portion of their spring break to represent Langley teachers:

Jennifer Bolton
 Ellen Bornowsky
 Alison Bricco
 Wendy Cook
 Angie Cottrell
 Alcia Faubert
 Pam Haugland
 Tanya Kerr
 Dameon Lorensen
 Kylie Mantei
 Serena McKernan
 Kim Miller
 Janine Orlando

Nancy Petersen
 Kyna Reisdorf
 Julie Schiller
 Shannon Spence
 Darren Storsley
 Amy Tekatch
 Gwen Thornburn

Local Reps:
 Nicole DeCambra
 Graham Esplen
 Melissa Lonneberg



Did you Know?

- A Retirement Celebration will be held for members who retired in the school years 2019-2020 and 2020-2021 on June 1st.
- Retirement Dinner for members who retire in the 2021-2022 school year will be celebrated on June 15th.
- The LTA is hosting a ProD event on May 20th, watch for more information.
- The LTA is sponsoring a Bard in the Valley event for teachers on July 8th - watch for more information.



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Dear educator,

You are receiving this email because educators in your school district are asked to participate in a research study ("Mental Health and Wellness in K-12 Staff Affected by Childhood Adversity") conducted by the University of British Columbia. The focus of the study is to determine whether there is a correlation between adverse childhood experiences (ACEs) experienced by educators in the past and their current mental health and wellness. The survey includes questions of a sensitive nature, asking about (but not limited to) topics such as physical, sexual, and emotional abuse, bullying, and scarcity of food and clean clothing.

I am contacting you today because we would like to ask you some questions about your past, as well as your current mental health. This information will help us to further our understanding of the needs of educators in general and those affected by childhood trauma in particular.

At the bottom of this email, you can find the link to the survey. Please, click on the link and follow the instructions. The questionnaire might take up to 25 minutes. You will be able to complete the survey from a laptop, tablet, or smartphone. We suggest that you complete the survey in a quiet environment and when not busy with other activities. More details on the study can be found in the attached document "Teachers and Trauma Letter of consent.pdf".

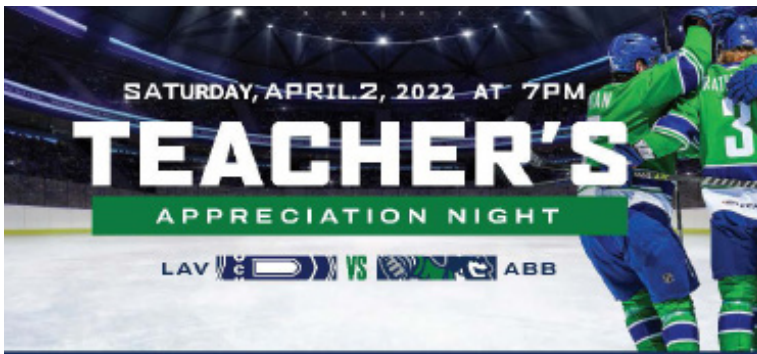
If you have any questions about the study, please contact me or my graduate advisor using the contact information below.

Click on the following link to access the survey:

https://ubc.ca1.qualtrics.com/jfe/form/SV_ey6YCibvqvBBCho

Thank you for your consideration!





This is the link to purchase tickets
<https://am.ticketmaster.com/canucksabbotsfordahl/ism/QUIwNDAY?promoCode=TFRV>

Join the Abbotsford Canucks as we recognize and celebrate teachers in the Fraser Valley!

EACH MEMBER WILL ENTERED TO WIN EXCLUSIVE CANUCKS PRIZES

TICKETS \$10

Enjoy A Night Out With Family & Friends:
 Post-game Teachers Photo At Centre Ice
 Teacher's Raffle

2021/2022 LTA Scholarships

The Langley Teachers' Association will award twelve scholarships of \$1,000.00 each. Ten scholarships will be available for students in Langley schools and up to two scholarships will be available for students in other districts with a parent who is an active LTA member.

Applicants will be chosen based on merit and social justice involvement. Consideration will be given to ensuring a range of diverse candidates are represented. Consideration will be also given to ensuring that as many schools as possible are represented. It may be possible to have more than one scholarship awarded at one school.

The [Scholarship package](#) has been emailed to Staff Reps and to Counsellors and is available on the LTA website.

Deadline to apply is April 22, 2022.



Want to go for FREE?

Apply to the LTA's Early Career Teacher Mentorship Fund to have your registration and TTOC coverage paid. If you are a TTOC, the fund will pay you for the day.



LTA Calendar

Meetings will be held virtually, unless otherwise specified until further notice.

- March 28 LTA Tech Committee, 3:45PM
- March 29 Executive Committee, 4PM
- April 2 AHL Hockey - Teacher Appreciation Night
Canucks vs Laval Rockets, 7PM
- April 4 Staff Rep Meeting, 4PM
- April 5&7 Staff Rep Training

HOPE'N'ACTION IN COLLABORATION
 WITH
KEYNOTE SPEAKER: DR. JODY CARRINGTON
APRIL 8TH, 2022
[CLICK HERE TO REGISTER](#)



CONFERENCE HIGHLIGHTS: OVER 25 WORKSHOPS TO CHOOSE FROM

- RICHARD VAN CAMP**
CREATIVE WRITING FOR STUDENTS WITH BEST SELLING AUTHOR RICHARD VAN CAMP
VIRTUAL - 1:30-2:30PM
- SHELDON FRANKEN**
THE BEAUTY OF COPING & SERIOUS PLAY (BUILDING YOUR SOCIAL EMOTIONAL LEARNING TOOLBOX)
IN-PERSON - SESSION 1 & 2
- TAN HUYNH**
ELL - NURTURING NEWCOMERS
VIRTUAL - SESSION 2

ABOUT DR. JODY CARRINGTON

As we step back into the unfamiliar world post-pandemic, many organizations are understandably witnessing what burnout looks like. Emotional exhaustion, a lack of compassion, and an experience of futility have become common experiences for many teams. Dr. Jody has begun walking hundreds of organizations through the process of reconnection to combat burnout and build mental resilience. She has created specific strategies to shift culture, bringing hilarity and truth while reigniting purpose and productivity with this game-changing talk.

Every conference attendee will get automatic access to our Keynote which includes a Territorial Acknowledgement and welcome.

11:00AM - 12:15PM

FREE for SD62 Employees **\$50** for Out of District Attendees

Contact Us **604-533-1618**

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