



2021 - 2022 Langley Teachers' Association Executive Committee



2022 02 10 #8

LTA News . . .



Paramedical coverage and limits

Reasonable and customary limits as of January 1, 2022

These numbers are for BC only and are effective as of January 1, 2022. Visit pac.bluecross.ca/AdviceCentre to calculate R&C limits for services incurred prior to January 1, 2022 or for services incurred outside of BC.

SERVICE	R&C LIMITS
Acupuncture	Initial visit — \$135 Subsequent visit — \$110
Chiropractor**	Initial visit — \$98 Subsequent visit — \$63
Massage therapy	30 minute visit — \$63 [†] 45 minute visit — \$94.50 [†] 60 minute visit — \$126 [†]
Naturopath**	Initial visit — \$250 Subsequent visit — \$180

SERVICE	R&C LIMITS
Physiotherapy**	20 minutes — \$63 30 minutes — \$95 45 minutes — \$110 60 minutes — \$145
Podiatry	Initial visit — \$180 Subsequent visit — \$105
Registered counselling**	60 minutes — \$170

Please note that exceptions may apply under your plan. Sign in to your Member Profile at pac.bluecross.ca/Member to learn more about any coverage limits that may apply under your specific plan.

IN MOST BENEFIT PLANS, paramedical coverages such as acupuncture, chiropractor, massage therapy, naturopath, physiotherapy, podiatry, and registered counselling are subject to what's called reasonable and customary limits.

What are reasonable and customary limits?

Reasonable and customary (R&C) limits are the range of usual fees per treatment for comparable medical services in a geographic area, or the number of treatments completed within a specific timeframe. If your plan has a contractual dollar or visit limit that is less than the R&C limit, this amount will be used to determine your reimbursement.

Paramedical claims may continue to be considered as per the requirements in your contract, up to the number of visits Pacific Blue Cross considers reasonable, per year, per person.

If the number of visits exceeds this threshold, you will be asked to provide a note from your attending medical doctor* that indicates the nature of illness and prognosis for future claims to be considered.

Questions? We're here to help.
Call us at 604 419-2000 or toll-free 1 877 PAC-BLUE.

Langley Teachers' Association

SAVE THE DATE!

SPECIAL GENERAL MEETING

February 28, 2022 4PM

Everyone is Welcome

AGENDA

- Election of 5 BCTF AGM Delegates and 2 Alternate Delegates

Notes: AGM Delegate meeting March 1st, 4-6pm; A \$250.00 Everything gift card will be provided to AGM delegates. To add your name to the ballot please email reception@langleyteachers.com by February 25, 2022 at 9am.

Each attendee will be entered into a GRAND PRIZE draw for \$600 (LTA Dues) to be awarded after the AGM in May 2022

Boundary Issues

Teacher/Student relationships in the classroom, coaching, tutoring and in the community.

Tuesday, February 15, 2022
4pm - 5:30pm, Via Zoom

Register by February 14th via email:
reception@langleyteachers.com

Lunar New Year
Virtual Celebration

Saturday, February 12, 3-4PM (PT)

PETER JULIAN
MP New Westminster-Burnaby
JAGMEET SINGH
MP Burnaby South
BONITA ZARRILLO
MP Port Moody-Coquitlam

2022 Virtual Lunar New Year event on February 12th from 3pm-4pm PST with Jagmeet Singh, Peter Julian, and Bonita Zarrillo to celebrate the year of the Tiger!
<https://act.newmode.net/action/jagmeet-singh-constituency-office/come-celebrate-lunar-new-year-jagmeet-singh-peter-julian>

“THEIR SPIRITS LIVE WITHIN US”

31st ANNUAL WOMEN'S MEMORIAL MARCH

MONDAY FEBRUARY 14, 2022

@ 10:30 AM GATHER AT MAIN AND HASTINGS
For family and community remembrance

@ NOON MARCH BEGINS AT MAIN & HASTINGS.
With stops to commemorate where women were last seen or found

The Memorial March is an opportunity to come together to grieve the loss of our beloved sisters in the Downtown Eastside and to dedicate ourselves to justice. This event is organized and led by women and non-binary people because Indigenous women, girls, two spirit & trans people face physical, mental, emotional, and spiritual violence on a daily basis. All welcome. COVID-protocols: social distancing and masks required. Livestream available on youtube and facebook.

Website: <http://womensmemorialmarch.wordpress.com/> Artwork courtesy of Christiane Bordier

EMC
Money made simple.

NEW YEAR... NEW RATE!

1.40%* (APR: 1.404%)

Must close by February 28, 2022

Contact us to find out more!

604-739-0320
WWW.EMCMORTGAGES.CA

MAKE AN APPOINTMENT

New Teacher Survey

The survey is for all teachers who graduated from a Teacher Education Program in BC between 2015 and 2020.

Thank you in advance for your help! Here is the link:

<https://www.awinfosys.com/surveyfull3/minofed/main/NewTeacherSurvey.asp>



LTA Calendar

Meetings will be held virtually, unless otherwise specified until further notice.

Feb 11	District ProD Day
Feb 15	Boundary Issues Workshop, 4PM
Feb 16	ECT/TTOC Committee, 4PM
Feb 21	Family Day
Feb 22	Executive Committee, 4PM
Feb 23	Pink Shirt Day
Feb 28	Special General Meeting, 4PM
March 1	BCTF AGM Delegates Meeting, 4PM
March 2	Job Share/Leave Info Meeting, 3:30PM
March 3	Joint ProD Meeting, 9AM

Contact Us	604-533-1618	
Tanya Kerr , President president@langleyteachers.com	Cell: 604-897-2454	Darren Storsley , Vice President <i>available Tuesday, Wednesday & Thursday 7am to 6pm</i>
Ellen Bornowsky , Vice President vp@langleyteachers.com	Cell: 604-897-1797	Janine Orlando , Vice President <i>available Monday & Tuesday 8:30am to 6pm</i>
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		Cell: 604-396-1645 vp3@langleyteachers.com